

Plaats	Startno.	Naam	Locatie	M\V	Zwemtijd	Fietsen	Tijd na zw+fts	Plaats na zw+fts	Lopen	Totaaltijd
1	162	Thomas Wobmqa	BuWa	Man	00:11:58	0:32:56	0:43:55	3	00:21:01	1:04:56
2	120	Lammert van der Ploeg	BuWa	Man	00:10:01	00:35:30	0:45:31	4	00:20:49	01:06:20
3	164	Thijs Coppelmans	BuWa	Man	00:09:27	0:34:50	0:44:17	2	00:22:09	01:06:26
4	30	Dieuwke Couperus	BuWa	Man	00:09:19	0:33:53	0:43:12	1	00:24:16	01:07:28
5	101	Jan Willem de Groot	BuWa	Man	00:09:53	0:36:59	0:46:52	5	00:23:11	01:10:03
6	112	Sven Harskamp	BuWa	Man	00:08:14	0:39:59	0:48:13	6	00:24:12	01:12:25
7	139	Freddy Venema	BuWa	Man	00:09:44	0:39:24	0:49:08	7	00:25:09	01:14:17
8	128	Bart Visser	BuWa	Man	00:11:22	0:41:07	0:52:29	14	00:22:19	01:14:48
9	105	Carla Broers	BuWa	Vrouw	00:09:25	0:40:07	0:49:32	8	00:25:23	01:14:55
10	140	Jitske Cats	BuWa	Vrouw	00:11:21	0:40:57	0:52:18	13	00:23:05	01:15:23
11	141	Ytzen Faber	BuWa	Man	00:13:40	0:39:49	0:53:29	10	00:22:03	01:15:32
12	53	Theo Terpstra (dubbel ??)	BuWa	Man	00:10:23	0:41:45	0:52:08	12	00:24:45	01:16:53
13	143	Teatse Tichelaar	BuWa	Man	00:14:22	0:40:56	0:55:18	24	00:22:15	01:17:33
14	174	Joris Popken	BuWa	Man	00:13:05	0:40:56	0:54:01	19	00:23:44	01:17:45
15	149	Dick Heppener	BuWa	Man	00:11:55	0:40:41	0:52:36	15	00:25:21	01:17:57
16	113	Peter Abma	BuWa	Man	00:13:01	0:39:00	0:52:01	11	00:25:59	01:18:00
17	156	Peter Schootstra	BuWa	Man	00:13:10	0:37:05	0:50:15	9	00:28:11	01:18:26
18	9	Jasper Siertsma	BuWa	Man	00:14:09	0:42:39	0:56:48	32	00:21:45	01:18:33
19	159	Johan Kaptein	ZwBa	Man	00:12:25	0:42:37	0:55:02	22	00:24:20	01:19:22
20	121	Robin Hamstra	BuWa	Man	00:12:19	0:45:48	0:58:07	35	00:21:25	01:19:32
21	150	Jochum Prins	BuWa	Man	00:14:00	0:42:01	0:56:01	27	00:23:40	01:19:41
22	126	Pieter Lieuwe van der Val	BuWa	Man	00:15:02	0:37:43	0:52:45	16	00:27:24	01:20:09
23	181	Martin Algra	ZwBa	Man	00:13:39	0:39:39	0:53:18	1	00:27:00	01:20:18
24	160	Jan Jelle Kuiper	BuWa	Man	00:11:49	0:44:47	0:56:36	30	00:24:16	01:20:52
25	108	Roel Krijnen	BuWa	Man	00:13:15	0:40:17	0:53:32	17	00:27:30	01:21:02
26	146	Alie Brouwer	BuWa	Vrouw	00:12:58	0:45:28	0:58:26	36	00:23:10	01:21:36
27	130	Domien Hylkema	BuWa	Man	00:12:58	0:40:46	0:53:44	18	00:29:06	01:22:50
28	154	Amaranth van de Vijver	BuWa	Vrouw	00:13:59	0:42:29	0:56:28	28	00:27:13	01:23:41
29	182	Johanna Meekma	ZwBa	Vrouw	00:13:08	0:43:47	0:56:55	4	00:27:00	01:23:55
30	183	Rene Veuger	ZwBa	Man	00:11:26	0:44:55	0:56:21	3	00:27:36	01:23:57
31	157	Typke Keuning	BuWa	Vrouw	00:13:29	0:44:05	0:57:34	34	00:27:18	01:24:52
32	170	Martin de Haan	ZwBa	Man	00:13:32	0:42:35	0:56:07	2	00:29:04	01:25:11
33	133	Jeroen van Denderen	BuWa	Man	00:12:00	0:43:20	0:55:20	25	00:29:56	01:25:16
34	186	Chris Zorgdrager	BuWa	Man	00:10:17	0:44:17	0:54:34	20	00:30:42	01:25:16
35	129	Auke Johannes Breeuwsmā	BuWa	Man	00:13:04	0:45:53	0:58:57	37	00:26:28	01:25:25
36	172	Rixt van der Weide	ZwBa	Vrouw	00:14:11	0:43:08	0:57:19	5	00:28:38	01:25:57
37	119	Sippie Louwsmā	BuWa	Vrouw	00:12:20	0:44:38	0:56:58	33	00:29:16	01:26:14
38	137	Tecla Klijsma	BuWa	Vrouw	00:12:17	0:42:48	0:55:05	23	00:31:24	01:26:29
39	152	Melle Tilma	BuWa	Man	00:13:58	0:45:11	0:59:09	38	00:27:24	01:26:33
40	142	Sietske van der Meer	BuWa	Vrouw	00:12:55	0:47:41	1:00:36	43	00:26:15	01:26:51
41	153	Julius van der Werf	BuWa	Man	00:16:09	0:45:47	1:01:56	47	00:25:22	01:27:18
42	171	Frans Pyter Terpstra	BuWa	Man	00:12:52	0:43:48	0:56:40	31	00:30:44	01:27:24
43	104	Carla Aalders	BuWa	Vrouw	00:13:00	0:47:32	1:00:32	42	00:27:26	01:27:58
44	135	Melle Hamstra	BuWa	Man	00:13:05	0:48:46	1:01:51	46	00:27:20	01:29:11
45	158	Rein Veenstra	BuWa	Man	00:12:32	0:43:20	0:55:52	26	00:33:49	01:29:41
46	151	Geertje Bakker	BuWa	Vrouw	00:10:27	0:49:37	1:00:04	40	00:30:10	01:30:14
47	116	Gerard van der Berg	BuWa	Man	00:14:06	0:45:25	0:59:31	39	00:30:55	01:30:26
48	115	Peter Visser	BuWa	Man	00:15:48	0:48:23	1:04:11	49	00:26:17	01:30:28
49	161	PeterJan de Jong	BuWa	Man	00:15:47	0:50:00	1:05:47	51	00:25:49	01:31:36
50	138	Suzan Kroontje	BuWa	Vrouw	00:13:29	0:49:13	1:02:42	48	00:28:55	01:31:37
51	190	Monique Bruggenkamp	ZwBa	Vrouw	00:12:32	0:47:45	1:00:17	7	00:31:35	01:31:52
52	114	Alie Prins-Zijlstra	BuWa	Vrouw	00:11:20	0:45:12	0:56:32	29	00:35:30	01:32:02
53	155	Ymkje Visser	BuWa	Vrouw	00:15:10	0:45:12	1:00:22	41	00:31:46	01:32:08
54	179	Ciska Kuiper Zwaagstra	ZwBa	Vrouw	00:13:37	0:47:11	1:00:48	8	00:32:13	01:33:01
55	173	Reinder Sinnema	ZwBa	Man	00:14:26	0:43:33	0:57:59	6	00:37:44	01:35:43
56	117	Femke van der Heide	BuWa	Vrouw	00:15:47	0:49:04	1:04:51	50	00:31:32	01:36:23
57	125	Cor Rameau	BuWa	Man	00:15:47	0:45:43	1:01:30	45	00:35:16	01:36:46
58	111	Toziena van der Tuuk	BuWa	Vrouw	00:11:24	0:49:47	1:01:11	44	00:35:35	01:36:46
59	118	Koos Jacobsen	BuWa	Man	00:14:29	0:52:49	1:07:18	53	00:29:36	01:36:54
60	184	Dirk van der Leest	ZwBa	Man	00:13:47	0:53:34	1:07:21	10	00:30:48	01:38:09
61	106	Justin Mannak	BuWa	Man	00:12:27	0:42:11	0:54:38	21	00:43:53	01:38:31
62	177	Erik Okkema	ZwBa	Man	00:16:25	0:53:00	1:09:25	11	00:29:26	01:38:51
63	178	Thekla Baron	ZwBa	Vrouw	00:16:50	0:56:08	1:12:58	12	00:27:26	01:40:24
64	144	Minco Koornstra	BuWa	Man	00:16:08	0:51:52	1:08:00	57	00:32:49	01:40:49
65	148	Charlotte Hoekstra	BuWa	Vrouw	00:13:44	0:53:56	1:07:40	56	00:33:44	01:41:24
66	147	Nadja Capelle-Rijskamp	BuWa	Vrouw	00:13:44	0:53:54	1:07:38	55	00:33:47	01:41:25

<b>67</b>	165	Geeske Hooghiemstra	BuWa	Vrouw	00:12:11	0:54:17	1:06:28	52	00:36:23	<b>01:42:51</b>
<b>68</b>	103	Sari Lintula	BuWa	Vrouw	00:16:33	0:56:20	1:12:53	60	00:30:00	<b>01:42:53</b>
<b>69</b>	107	Sarina Jannes	BuWa	Vrouw	00:13:52	0:53:05	1:06:57	54	00:37:39	<b>01:44:36</b>
<b>70</b>	180	Astrid Zijlstra	ZwBa	Vrouw	00:13:23	0:53:45	1:07:08	9	00:37:28	<b>01:44:36</b>
<b>71</b>	136	Lisa van der Stelt	BuWa	Vrouw	00:16:11	0:53:05	1:09:16	58	00:36:18	<b>01:45:34</b>
<b>72</b>	102	Marga Blanksma	BuWa	Vrouw	00:16:33	0:56:20	1:12:53	61	00:34:15	<b>01:47:08</b>
<b>73</b>	145	Jessy Hoekstra	BuWa	Vrouw	00:13:09	0:57:39	1:10:48	59	00:38:20	<b>01:49:08</b>
<b>74</b>	131	Wilma van Vliet	BuWa	Vrouw	00:16:23	01:04:50	1:21:13	62	00:40:50	<b>02:02:03</b>
<b>75</b>	132	Danielle Vijfschagt	BuWa	Vrouw	00:16:23	01:04:50	1:21:13	63	00:40:50	<b>02:02:03</b>
<b>76</b>	176	Bente Okkema	ZwBa	Vrouw	00:16:52	01:02:33	1:19:25	13	00:45:01	<b>02:04:26</b>
<b>78</b>	110	Tjamme Draaier	BuWa	Man	00:31:56	01:17:08	1:49:04	64	00:53:15	<b>02:42:19</b>