

Plaats	Startnr	Naam	Woonplaats	Plaats-Cat	Ond-Cat	Eindtijd	Zwemmen	Wissel1	Fietsen	Wissel2	Lopen
1	31	Sjirk Bijma	Joure	1	KW-M	01:54:58	16:35	1:21	1:01:49	0:56	34:19
2	35	Stefan de Jong	Blije	2	KW-M	01:55:12	17:01	0:48	1:02:40	0:38	34:08
3	73	Menno Altena	Haren Gn	3	KW-M	01:57:46	16:38	1:13	1:03:03	1:00	35:54
4	36	Jort van Zutphen	Weidum	4	KW-M	01:58:14	17:06	0:40	1:04:31	1:00	34:59
5	70	Tiedo Tinga	Bolsward	5	KW-M	02:00:10	16:19	0:40	1:03:48	0:54	38:31
6	63	Hans Hiemstra	Harkema	6	KW-M	02:03:41	18:40	1:05	1:06:33	0:43	36:42
7	27	Tsjomme Ozinga	Heerenveen	7	KW-M	02:03:53	19:57	1:19	1:05:25	1:04	36:10
8	37	Arjen Bos	Bolsward	8	KW-M	02:07:24	24:15	1:23	1:01:29	1:03	39:16
9	32	Wiebe Terwisscha van S.	Reahus	9	KW-M	02:08:06	19:15	1:37	1:05:30	1:05	40:41
10	43	Samme Steenstra	Joure	10	KW-M	02:08:36	18:13	0:51	1:06:42	1:00	41:52
11	81	Ben Douwes	Burgum	11	KW-M	02:09:53	16:51	1:14	1:09:37	1:20	40:54
12	147	Rob Pestman	Dokkum	12	KW-M	02:11:47	19:04	1:33	1:10:10	1:11	39:50
13	183	Sijbrand van der Weij		13	KW-M	02:11:57	21:39	1:15	1:09:07	0:40	39:18
14	30	Paulus Folmer	Workum	14	KW-M	02:12:48	21:16	2:03	1:08:43	0:55	39:52
15	25	Sytze Terwisscha van S.	Workum	15	KW-M	02:13:05	17:47	1:30	1:07:33	0:54	45:24
16	38	Atze wiepke Merkus	Winsum Fr	16	KW-M	02:13:39	19:20	1:12	1:08:50	1:38	42:40
17	65	Sjouke Venema	Wommels	17	KW-M	02:14:12	17:45	1:12	1:11:36	0:56	42:45
18	56	Willi-Jan Veltman	Leeuwarden	18	KW-M	02:15:33	18:29	1:06	1:13:35	1:00	41:25
19	52	Erik Jan Rodenhuis	Oranjewoud	19	KW-M	02:15:56	18:55	1:34	1:13:40	1:31	40:18
20	39	Auke Velting	Bolsward	20	KW-M	02:16:31	19:36	1:17	1:10:50	1:01	43:48
21	45	Sven Harskamp	Menaam	21	KW-M	02:16:36	15:57	1:15	1:14:14	1:00	44:13
22	29	Jan Willem de Groot	Wommels	22	KW-M	02:16:44	18:29	1:48	1:12:30	0:44	43:16
23	44	Ronald Risselada	Bakhuizen	23	KW-M	02:17:14	22:00	1:38	1:13:09	0:50	39:39
24	24	Wytse Hiemstra	Goutum	24	KW-M	02:17:53	21:06	1:27	1:07:46	1:17	46:19
25	22	Theunis Wouda	Workum	25	KW-M	02:18:02	22:02	1:22	1:10:53	1:54	41:53
26	76	Bart-Jan Scheenstra	Gorredijk	26	KW-M	02:19:15	21:45	1:09	1:13:49	0:53	41:41
27	68	Menno Cramer	Leeuwarden	27	KW-M	02:22:19	22:30	1:53	1:14:21	1:01	42:36
28	28	Jaap Zwaagstra	Witmarsum	28	KW-M	02:24:21	22:02	1:27	1:13:33	1:14	46:06
29	64	Jalmer de Vries	Menaam	29	KW-M	02:24:41	20:08	1:10	1:18:19	0:50	44:16
30	54	Richard van Nood	Goutum	30	KW-M	02:25:24	21:06	1:16	1:18:41	1:09	43:14
31	184	Luka van de Weg	Wommels	31	KW-M	02:25:28	25:22	2:58	1:20:01	1:00	36:09
32	50	Richard de Graaf	Mantgum	32	KW-M	02:27:35	27:21	1:36	1:17:17	1:38	39:45
33	182	Mireille Baart	Wommels	1	KW-V	02:28:17	22:10	1:37	1:27:21	1:07	36:04
34	5	Liesbeth Hiddema	Jirnsum	2	KW-V	02:29:09	20:37	1:03	1:18:37	1:17	47:38
35	6	Yvonne Hiemstra	Sneek	3	KW-V	02:29:13	23:29	1:14	1:18:41	0:58	44:52
36	78	Durk Tighelaar	Harlingen	33	KW-M	02:29:28	24:15	1:20	1:23:03	0:49	40:04

37	33 Peter Abma	Franeker	34	KW-M	02:31:42	23:26	1:47	1:15:50	1:20	49:22
38	57 Robin Hamstra	De Bilt	35	KW-M	02:31:59	25:15	4:26	1:19:30	1:40	41:10
39	77 Ben Timmer	Eelde	36	KW-M	02:32:09	21:50	3:27	1:19:59	2:29	44:26
40	59 Siebolt Haijtema	Workum	37	KW-M	02:32:22	24:47	2:14	1:21:18	1:19	42:46
41	23 Barry Lammers	Workum	38	KW-M	02:32:24	19:45	1:47	1:19:03	1:23	50:28
42	75 Raimond de Lange	Harlingen	39	KW-M	02:33:24	21:25	2:27	1:17:33	1:49	50:11
43	34 Frans Pyter Terpstra	Wommels	40	KW-M	02:33:38	22:06	1:50	1:19:31	1:20	48:54
44	60 Arjan van der Wal	Pingjum	41	KW-M	02:35:00	26:11	2:29	1:21:37	1:19	43:26
45	1 Geertje de Schiffart	Eesveen	4	KW-V	02:36:18	24:21	1:29	1:24:39	0:50	45:02
46	26 Edwin Wielinga	Workum	42	KW-M	02:39:33	22:17	1:32	1:18:58	1:26	55:22
47	61 Jeljer Westra	Groningen	43	KW-M	02:40:53	26:07	2:12	1:22:01	0:56	49:38
48	62 Djurre Siemensma	Koudum	44	KW-M	02:41:29	28:14	2:52	1:16:54	1:54	51:37
49	47 Henk Rypma	IJlst	45	KW-M	02:43:13	23:34	2:14	1:25:39	1:15	50:32
50	58 Vincent Kainama	Groningen	46	KW-M	02:44:11	28:42	2:17	1:22:19	1:18	49:37
51	71 Anne Dijkstra	Mantgum	47	KW-M	02:44:26	26:10	2:50	1:28:04	1:55	45:29
52	53 Styno Politiek	Wommels	48	KW-M	02:45:46	19:53	2:41	1:27:08	1:54	54:11
53	80 Alco de Jong	St. Annaparochie	49	KW-M	02:45:55	22:35	4:46	1:27:21	2:32	48:43
54	2 Dieuwke Couperus	Workum	5	KW-V	02:46:38	23:42	1:08	1:22:30	1:23	57:56
55	83 Germ Steensma	St.-Jacobiparochie	50	KW-M	02:47:00	23:50	4:55	1:29:19	2:24	46:34
56	40 Justus Beth	Zwolle	51	KW-M	02:49:50	22:35	2:11	1:23:59	2:14	58:53
57	8 Helga de Ruiter	Marsum	6	KW-V	02:51:24	27:31	1:54	1:29:19	1:39	51:03
58	48 Niels Bak	Sneek	52	KW-M	02:51:59	24:12	1:35	1:28:19	1:53	56:02
59	51 Auke Wiersma	Sneek	53	KW-M	02:53:39	33:25	2:07	1:22:49	2:09	53:10
60	7 Alyanne Hoek	Havelte	7	KW-V	02:54:51	27:28	2:51	1:38:00	0:57	45:37
61	79 Henk Schuurmans	Ontario	54	KW-M	02:58:20	28:37	2:17	1:28:56	2:08	56:24
62	41 Halbe Huitema	Easterein	55	KW-M	03:00:52	26:06	1:41	1:35:38	1:13	56:17
63	3 Nienke Vijver	Parrega	8	KW-V	03:04:40	25:42	1:47	1:36:08	1:18	59:46